

# **Penguin Ireland**

# Rules for a Perfect Life

## Niamh Greene

**Wickedly funny novel about a woman losing her designer life and finding real happiness**

Rules for a perfect life . . .

Rule One: Do not ditch the man everyone says is perfect for you because he eats the last yellow jelly-baby in the bag.

Rule Two: Do not move to a shack in the country to 'find yourself' and inadvertently become an object of ridicule for the locals.

Rule Three: Do not fall for a man who already has three children who hate you, a saintly dead wife you can never live up to and a mother who thinks you are the hired help.

Maggie wants the perfect life — but if she keeps breaking the rules can she ever have it?

Niamh Greene lives in Wexford with her husband and two children. *Rules for a Perfect Life* is her fourth novel.

'Brilliantly astute 4/5 stars' *OK Magazine* on *Secret Diary of a Demented Housewife*

'Perfect for summer' *Woman's Way* on *Secret Diary of a Demented Housewife*

'Hilarious . . . will have yummy mummies everywhere giggling in recognition' *Irish Independent* on *Confessions of a Demented Housewife*

'Upbeat, confessional and written for laughs' *Irish Times* on *Letters to a Love Rat*

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**Territory** 1BCKZE



# Where the Love Gets In Tara Heavey

**An extraordinarily gripping love triangle – romantic, heart-rending and ultimately uplifting**

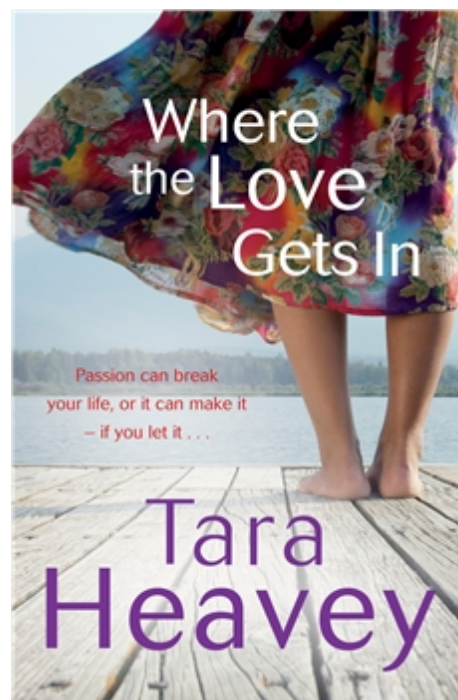
In any normal situation Fiona and Sarah would be friends. They are both smart and loving, great mothers, brilliant at life. And they both need a pal.

But when Sarah arrives in Fiona's small town on the Clare coast, it's not a normal situation. Sarah is on a mission and before either she or Fiona know it – and without her meaning to cause havoc – that single-minded vision has turned both their worlds upside-down.

Fiona and Sarah both discover that just as love drains out of lives that are routine and taken for granted, so it can also flow back into those lives in unexpected and breathtaking ways. And where the love gets in, it changes things for ever.

Tara Heavey's early childhood was spent in London until her family moved to Dublin when she was twelve. Before becoming a full-time writer, she was a solicitor. She lives in Co. Kilkenny with her husband and two children. *Where the Love Gets In* is her fifth novel.

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# Parenting is Child's Play: The Teenage Years

## David Coleman

**How to manage, survive – and even enjoy – your child's journey into adulthood**

The popular RTÉ series *Teens in the Wild* showed David Coleman doing what he does best: taking families who were locked in conflict and turning things around. It wasn't always easy, but the results were dramatic, moving and inspiring.

The key to a successful journey through adolescence centres on the recognition that parenting styles have to develop and progress through this period. In *Parenting is Child's Play: The Teenage Years*, David Coleman explains why adolescence gets such a bad press and, reassuringly, why parents don't have to dread it. Even if affection, respect and cooperation seem to be replaced by contempt, rejection and defiance, there is an explanation for these changes and they don't have to cause irreparable damage.

*Parenting is Child's Play: The Teenage Years* provides key information about what is going on with your child, and is brimming with helpful advice and down-to-earth strategies. For parents supporting their children on one of the most important journeys they'll ever undertake – the journey from childhood to adulthood – it is essential reading.

David Coleman is a husband and father of three children. In his spare time he is a clinical psychologist who works with children, teenagers and their families who experience a range of emotional or behavioural difficulties. He also supervises and supports others who work with children and families, and he gives lectures and runs workshops around Ireland. David's straightforward, encouraging and successful approach to even the trickiest situations has been greeted with widespread acclaim.

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